

No Smoking Policy

This policy is a revision of the No Smoking Policy of 2013 and has been approved by the H&S committee. It is a corporate policy of the University and is not subject to reinterpretation by local management. It has been revised in the light of: Developments in individual and societal expectations and reduced acceptance concerning exposure to smoking.

Middlesex University is required by the Health and Safety at work act (1974) to ensure the health, safety and welfare of employees while at work. The University recognises the rights of all staff, students, and visitors to be in a smoke free environment; however, we also recognise the rights of individuals who choose to smoke.

In line with the university's commitment to provide a safe and healthy environment for staff, students and visitors, the university is committed in supporting anyone who wishes to stop smoking (*Appendix A*).

This policy applies to all staff, students, visitors and the public and will be applied fairly.

An assessment of the effectiveness of this policy will be carried out at six and twelve months following its implementation

- **Inside Buildings**

Smoking and vaping is prohibited in all University building (this includes office, corridors, lifts, stairwells, toilets, canopied areas) and external areas adjacent to buildings where environmental tobacco smoke could be drawn into the building and cause nuisance to occupants and may activate the fire alarms causing the building to be evacuated.

- Smoking and vaping is prohibited in student accommodation, in university residences or university managed residences. This also applies to areas such as corridors, stairways, rest rooms, kitchens, entrances or reception areas. Smoking and Vaping is prohibited in University owned vehicles, vehicles leased to, or on hire to, the University.

Appendix A

Support Systems

Stop smoking benefits

- You breathe more easily, gives you more energy
- You feel less stressed, live longer
- Improves smell and taste, whiter teeth, sweeter breath
- Improves the skin, slows wrinkles
- Saves money, reduces litter, protects the environment

The University is able to offer advice and assistance to students who are unable to do so (i) w
